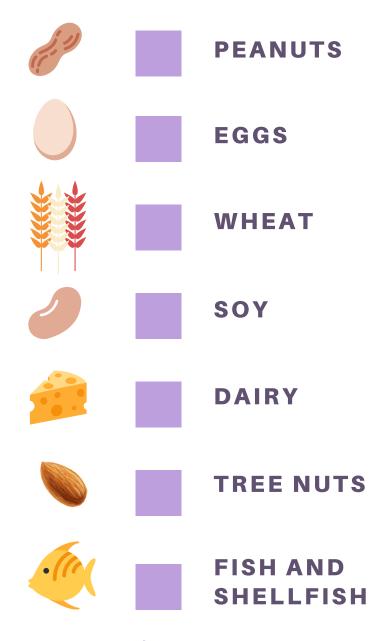
INTRODUCING THE BIG -8 ALLERGENS WITH BLW

checklist

There are 8 important allergens to introduce when starting solids. Introduce allergens one at a time along with foods baby has already tolerated.



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